



THE MILL WHEEL



Rotary Club of Mill Valley
Founded June 7, 1926 • “Service Above Self”
July 30, 2019 • Volume 93, Issue #04
<http://millvalleyrotary.org>
District Website: www.rotary5150.org



GREETER

❖ **Margareth Tanner** brought a positive attitude to her Greeter duties today, offering the following two Thoughts for the Day: *Being happy does not mean everything is perfect, it means that you have decided to look beyond the imperfections, and Happiness is not a destination, it is a way of life.*

PRESIDER

❖ President **Lee Kirkpatrick** at the helm.

VISITORS

❖ *Visiting Rotarians:* **Kent Reinker**, Rotary Club of Honolulu (**Note:** *We should get Kent a special “visitor” badge, since he’s going to be with us most of the year.*)

❖ *Guests of Rotarians:* **Bob Canepa** brought three: **Christian Mills** of the Redwoods, **Paula Reynolds** of Mill Valley and **Norton Belknap**, the latter visiting from New York City.

ANNOUNCEMENTS

❖ The 2019-2020 Membership Roster is out and available for pick up at the sign-in table. If you did not get yours today, be sure to grab it next Tuesday before the club has to spend money on postage to mail it to you. Please

report any errors to one of the co-editors—PP **Sue Royce** and/or PP **Burnett Tregoning**.

❖ This will be in the history books by the time you read it, but we wanted you to know that **Donna D** is still going strong and was the headliner at the Panama Hotel in San Rafael tonight.

CELEBRATIONS

❖ *Birthdays:* PP **Ed Marshall** (7/27) “survived” a wonderful family celebration. Ed picked PP **Kent Campbell** to lead the singing of the Birthday Song, which he did after sampling

several different keys to use. (**Note:** *Kent, it doesn’t matter which key is used, MV Rotary has only one way to sing this traditional piece of music—and that’s weirdly.*)

GOOD TIMES

❖ Immediate PP **Bob Roberts** had a Rotary Good Time when he got word that our DDF (District Designated Funds—the portion of our contributions to the Rotary Foundation that are returned to us after three years—will enable us, working with Los Altos Rotary, to wrap up our third Global Grant



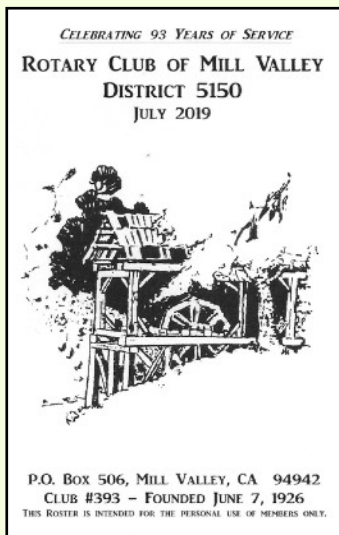
► A Redwoods Retirement Center triple-play—posing with Program Chair **Bob Canepa** are (from left) Redwoods staffers MV Rotarian **Will Orellana**, **Christian Mills** and today’s speaker, CEO **Hunter Moore**.

GOOD TIMES (Cont'd)

project in Peru, and perhaps get us going on a new Global Grant to do more. Bob noted that both the Watsonville and Fisherman's Wharf clubs have expressed interest in possibly sharing their DDF on the project.

❖ **President Lee** wanted to know why **PP Roberts** was so high on U. S. Secretary of State **William Seward**. Apparently, the answer had something to do with Alaska where Bob and **Betty** plan to soon do some cruising. Is this the start of something new? Instead of straight old Good Times, now we are having Anticipated Good Times? Might be a good way to channel some more money into the club coffers!

ROSTERS HERE



► The 2019-2020 Club Membership Rosters are out. Be sure to look for yours at the sign-in table at next week's meeting. Those not picked up by August 6 will be mailed to members.

RAFFLE

❖ **PP Elizabeth Suzuki**—right number, wrong marble. Bottle of wine.

PROGRAM

❖ **Hunter Moore**, CEO at Mill Valley's Redwoods Retirement Center, took us on a fast tour of

retirement options after first thanking the club for its many contributions to the folks living at The Redwoods.

Hunter acknowledged Mill Valley Rotary's longstanding support of Redwoods residents and thanked the club for its generous annual financial support of the Redwoods bus. The former Senior Prom and the special wheelchair friendly garden beds

PROGRAM (Cont'd)

built by Mill Valley Rotarians are other examples of the club's involvement at the retirement center.

After noting that 90 percent of the elderly never move into a retirement community, preferring and able to stay at home, The Redwoods CEO discussed many of the options available to us, taking questions from the audience after his presentation.

Some of those options included:

- Stay at home with help
- Down-size—move into condo
- Purchase something where you can live with friends
- Move to an age-restricted development
- Move in with family
- Move to a retirement community

Hunter noted that all of these options are viable, but he encouraged his audience to know which option they would take.

NEXT WEEK

August 6 (12:15): Our speaker will be **Linda Hepworth**. Her presentation is entitled *The Jokester Waitress Tells All*. Linda is the author of three books. Her first two, *If These Tables Could Talk* and *Turning the Tables*, are both collections of short stories, detailing her professional life as a restaurant server. She built her reputation as The Jokester Waitress by entertaining folks

CLUBHOUSE CANDIDS - JULY 30, 2019



► Clockwise from top left: One of Mill Valley Rotary's newest members, Will Orellana picks up some tips from "oldtimer" immediate Past President Bob Roberts; Vince Howes and Einar Asbo must have known the secret password since Greeter Margareth Tanner is all smiles; Today's speaker, Hunter Moore, CEO of the Redwoods Retirement Center, gets an assist from Peter Straube, the electronics wizard of our fantastic Sergeants of Arms team.



NEXT WEEK (Cont'd)

with a little quip, joke or story, while they wait for their meals to be prepared. Linda uses humor to put her customers at ease, making everyone's life a little brighter. Linda's editor told her that, "People 'our age' are interested in what we used to do when we were young." So, her third book, *The Water Beckons*, just recently finished, is about how she returned to the world of competitive swimming after a 40-year hiatus. Her unique perspective takes the reader through an entire day at a championship meet. As she completes her events, lap by lap, she weaves tales of her youth and her family's love of the water. Linda will read from her books

The Four-Way Test of the things we think, say or do

1. Is it **FAIR** to all concerned?
2. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
3. Is it the **TRUTH**?
4. Will it be **BENEFICIAL** to all concerned?

and tell a few salacious stories, illustrating her motto, "Dress like a nun, but talk like a truck driver."

CLUB CALENDAR

August 13 (12:15): Members Program. Two of our newest

members—**Sam Tagaya** and **Will Orellana** will each talk about themselves and their life stories for 15 minutes.

August 20 (12:15): Dennis McNally, the official biographer and long time publicist of the Grateful Dead, will speak about *The Grateful Dead in Marin*. He also wrote a book about the group: *A Long Strange Trip: The Inside Story of the Grateful Dead*.

AIN'T IT THE TRUTH!



POLIO PLUS

2019/2020 GOAL:

\$1,000

JAR TOTAL AS OF TODAY:

\$89.00

SERVICE FUND (GEORGE HOYLE)

2019-2020 GOAL:

\$10,000

TOTAL AS OF TODAY:

\$100.00

ROTARY FOUNDATION GIVING

2019-2020 GOAL:

\$11,000

TOTAL AS OF TODAY:

\$100.00

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2019-2020

President: Lee Kirkpatrick
President Elect: Carl Lippenberger
Secretary: John Christman
Treasurer: Morgan Pierce
Past President: Bob Roberts
Fellowship & Fundraiser: Lisán Campbell
Foundation Chair: Phil Richardson
Membership: Peter O'Keefe
Public Relations: Edward T. Marshall
Community Service: Tom McKlveen
International Service: Bill Lambrecht
Youth Service: Emily Uhlhorn
Vocational Service: Karen Buckter

Committees

Town Beautification: Margareth Tanner, Tom McKlveen, Burnett Tregoning
FireWise: Richard Rider

Website Staff

Peter O'Keefe, Webmaster
Kent Campbell, Einar Asbo

The Mill Wheel Staff

Managing Editor: Burnett Tregoning
Reporters: Margareth Tanner; Burnett Tregoning; Ed Marshall; Karen Buckter

Today's Reporter: Burnett Tregoning

Sergeants at Arms: Howard Harker, Peter Straube & Peter Mason
Program Committee: Bob Canepa & Elizabeth Suzuki

