



THE MILL WHEEL



Rotary Club of Mill Valley
Founded June 7, 1926 • "Service Above Self"
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<http://millvalleyrotary.org>
District Web Site: www.rotary5150.org



GREETER

■ **Jean Batman.** Can't remember her thought for the day.

PRESIDER

■ Happy National Pecan Day for you nuts! Fun Fact: Did you know that beyond pie, there are almost three other recipes that use pecans? (*All this critical info courtesy of President Sue*).

BIRTHDAYS

- **Carol Schrupf** - March 7. Carol had the birthday two weeks ago, but **President Susan** has been lying in wait for her to show up at the club so we could launch into a rousing birthday tune in her honor led by the always melodious **Donna D.**
- **Dick Spotswood** also had his birthday. Dick's model year is 1947.
- **Kim Jessup** mentioned today also would have been her father,



☛ **Greeter Jean Batman and Kathleen Delehanty give J.R. a royal welcome!**



☛ **New member Tom McKlveen gets the full monte membership welcome from Ken Brooks, sponsor Howard Harker and Pres. Sue.**

Dick Jessup's, birthday. He is greatly missed by all.

- Also with birthdays today: Race car driver **Danica Patrick**, **Elton John**, and **Gloria Steinham** (who is 80 today), and the ever-popular Byzantine Emperor **Andronikos Palaiologos** (born 1259). (*Editor's Note: More vital statistics courtesy of you know who!*)

CLUB ANNIVERSARIES

- **Vince Howes** - 28 years
 - **Phil Richardson** - 6 years
- Neither were at the meeting, but like a lion waiting to pounce, we're sure Susan will be patient.

NEW MEMBER ALERT!

■ **Tom McKlveen** from Newton, Iowa is a new member! Tom was a Rotarian before and has rejoined us here in Mill Valley. Tom was

sponsored by **Howard Harker**. Welcome Tom!

ANNOUNCEMENTS

■ The interact Club will be volunteering at Glide next week during their Spring Break. The Interact Club does bake sales, bracelet sales, and other nifty fundraisers to help support various programs. In fact they'll be selling bracelets for \$5 in front of the Mill Valley Market from noon to 2PM Saturday and Sunday.

■ **Foundation Minute - Doug Scherf** spoke about the Rotary Foundation and left brochures about how larger donations to the Foundation work. The brochure outlines many ways to donate including giving cash and stocks. You may not have known, but you can make an amendment to your will, when according to Doug, the money won't matter quite as much to you. If you give a big enough donation you can direct where

ANNOUNCEMENTS/Cont.

your donation will be used, and if you give \$25,000 or more you can even have the fund named after you, or maybe Elmo, or your cat...

■ **Jane** made a request for some help on April 4th and 6th to help get the RYLA kids on the bus that takes them to the RYLA camp, then to be there again when they get off the bus two days later. If you are interested talk to Jane.

■ **Bruce** asked if anyone has an interest in helping out the Marin County Housing Authority on May 5th. They need people to be paid observers. Observers are a bit like Stalkers, but the pay is better and you don't have to look over your shoulder as often. If you feel you are qualified, call Bruce.

■ **BBBS on April 12.** Bowling for Kids' Sake. Your reporter has no idea what this is because apparently no one actually brought it up, or he was, yet again, not paying attention. **(Editor's Note: We get two teams—one of club members the other composed of Interactors. See or call Carl Lippenberger if you want to bowl.)**

■ **District Conference on May 2 and 3 in Monterey.** More information here: <http://goo.gl/6GrOUi>

■ **Raise the Roof Fundraiser - June 13th.** Raising money for Scout Hall in Mill Valley

■ **Installation Dinner - June 27th**

GOOD TIMES

■ **Jim Simkalo** got to enjoy the Rotary Assembly with Jane, Ray and others. He trained about 35 members for the security verification. Jim mentioned that the club needs to re-certify each year, but individuals do not.

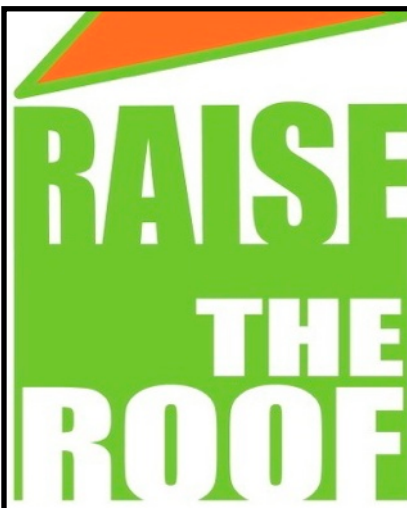
■ **Kent Campbell** introduced us to the newest member of his family, a 10-week old Brittany puppy named 'Cuka'.



☛ **Today's scribe introduces us to Cuka.**

PROGRAM

Renee Marcell was going to speak to us about Human Trafficking in Southeast Asia but couldn't make it. A theory was voiced that she may have been



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JUNE 13, 2014**

kidnapped and is now sewing buttons on Chinese prison uniforms in the basement of a Haitian clothing factory. This thoroughly unsubstantiated rumor does not diminish the fact of the problem. For more information on the group she represents, click [here](#).

Mill Valley Rotarian **Dr. Isaac (Ike) Silberman** spoke about his Five Question Guide instead.

Dr. Silberman discussed how our bodies are so connected and that we artificially separate things into physical, physiological and other groups. Diagnoses are often wrong because of this separation. For example, physiological causes can be missed if psychological causes are instantly assumed. Today's medical solutions are linear. Isaac offered a circular 'whole-health' process that relies on a collaborative approach using a group of people including at least one trusted friend. The rest of the group includes professionals such as MDs, a person's personal network, and a call center network.

Together the group asks five questions about things like a person's central nervous system, skeleton and skin, work, spirituality and more, before discussing options and arriving at a diagnosis. The approach ultimately provides medical information and choices from a group of people looking at an individual's problem.

This collaborative Five Question approach enables people to save money, time and get a better diagnosis without pursuing a traditional linear approach. For more information, contact Ike at 415-235-7805.

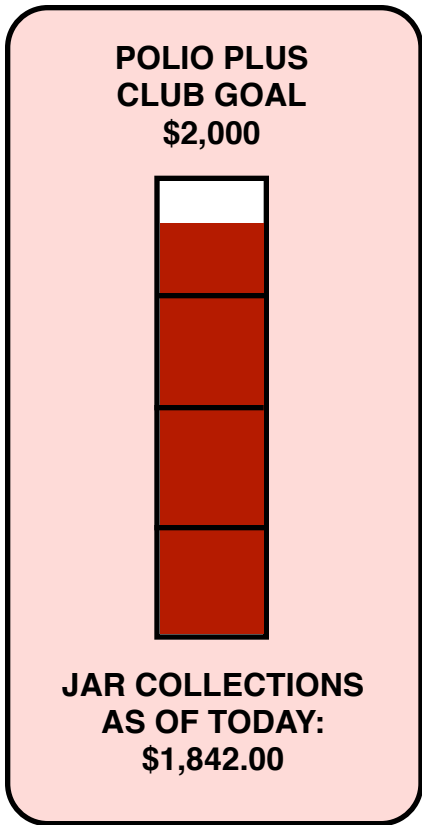
NEXT WEEK

■ The Ninth Annual Liar's Club, featuring four of the world's greatest performers/liars:

Elizabeth Suzuki, Suzanne Irwin-Wells, Dick Spotswood and Leo Yang.

CLUB CALENDAR

April 8: Duncan Macswain, an avid traveler who often leads international trips (South/Central America, Galapagos, Amazon, Machu Pichu, etc.) around the world, will tell us *How to Enjoy an International Travel Experience*.



His travel photos have been published in books, calendars, promotional material and magazines in 15 countries. So hold onto to your seats and get ready to travel.

April 15: Linda Naugle will talk about UNICEF and Polio.

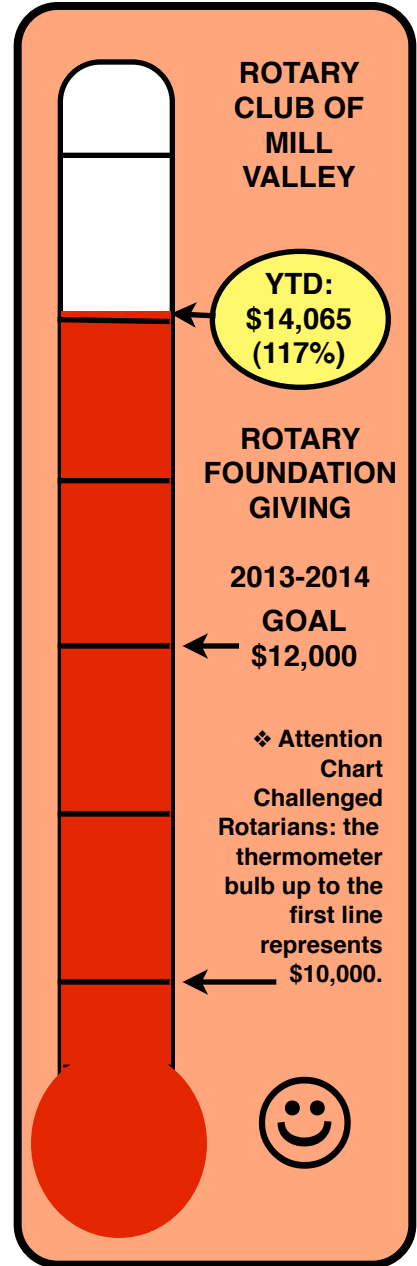
April 22: Member's Program.

April 29: Mill Valley Superintendent of Schools **Paul Johnson**, KIDDO Executive Director **Bill Lampl** and KIDDO Business Programs Manager **Mari Allen** will visit to present a Mill Valley School *District State of the District* presentation along with a KIDDO update.

May 2-4: District Conference, Monterey, CA. Sign up on the District website.

May 6: Club Assembly—President-elect **Jane Hall** and her board will talk about their plans for the new Rotary year.

The man who fell into an upholstery machine is fully recovered.



ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2013-2014



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