



THE MILL WHEEL

UNITE
FOR
GOOD

Rotary Club of Mill Valley
Founded June 7, 1926 • Club # 393
November 4, 2025 • Volume 99, Issue #16
<http://millvalleyrotary.org>
District Website: www.rotary5150.org
Rotary International: www.rotary.org



★ GREETER

❖ **Frank Leidman** had the honor today, turning to **Nelson Mandela** for his Thought for the Day: *It always seems impossible until it gets done.*

★ PRESIDER

❖ Who else? President **Kim Jessup** at the podium and reminding the club about Rotary's Four-Way Test.

★ VISITORS

❖ Only one today, but he was a very special one indeed. Former Mill Valley Rotarian **Jim Simkalo**, who served as club president in 2011-12, and currently is a member of the Rotary Club of Sausalito. Jim stopped by to have lunch and tell

The Four-Way Test

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?



us about Sausalito Rotary's big event this week. More details in Announcements.

★ CELEBRATIONS

❖ **Birthdays**—PP **Elizabeth Suzuki** (11/3) and **Linda Dold** (11/9) were the recipients of a semi-rousing version of Happy Birthday led by **Jacek Sochan**.

★ GOOD TIMES

❖ There's an old saying, "Let the Good Times Roll," and they certainly have been rumbling on for Mill Valley Rotarians recently. Reporting at today's meeting:

❖ PP **Elizabeth Suzuki** and husband Steve celebrated her birthday touring Spain and Portugal. A bell-ringer!

❖ **President Kim** recently returned from a visit to the Big Island of Hawaii. Another bell-ringer!

❖ PP **Greg Dyer** and wife **Karyne** just got back from an "amazing" four-week trip to India and Arabia. Still another bell-ringer!

❖ PP **Dick Spotswood** and wife **Joanne** recently spent three weeks touring the length off Italy. Another bell-ringer? You bet!



MEETING SNAPSHOTS

► **Left: Elizabeth and Stephanie** pass the hat for SNAP. **Right: Lew, Don, Keith and Greg** pose with guest former MV Rotarian **Jim Simkalo**. (Photos by Tom)



★GOOD TIMES (Cont'd)

❖ **Stephanie Ricardo** had a very special Good Time last month when she attended a ceremony in San Francisco inducting her late husband **James** into the Olympic Club Hall of Fame for wrestling. Stephanie noted that, among his other achievements in running, swimming, and cycling, James was the first American ever to win a medal in Greco/Roman wrestling at the 1962 World Championships and he wrestled in the 1964 Tokyo Olympics.

"It was such a pleasure for me to receive the award on his behalf – a truly good time," Stephanie noted.

❖ **Keith Papulias** saw fit to donate a bell-ringer for his Good Time, which had something to do with bicycles. We have asked for a recap, but have not yet heard from him. Stay tuned!

★ HOLIDAY WREATHS

❖ Believe it or not, it's time to order your Holiday wreaths from Mill Valley's Troop 1. Troop 1 member **Yi-Shin Chiou** has sent word that it's that time of year again, the holidays are coming and Troop 1 is now selling wreaths!

Mill Valley Rotary has been a sponsor of Troop 1 for many years. Yi-Shin notes that wreath sales are the main fundraiser supporting Troop 1.

"Troop 1 has had an amazing year so far and I hope it will continue," the Mill Valley Scout noted. "Our troop is now up to over 30 scouts and without the help of these sales, the outings we go on would not be able to happen."

Yi-Shin explained that the wreaths are made in the Pacific Northwest and add a really nice

Troop 1, Mill Valley -2025
Holiday Wreath Fundraiser






22" Medium Mixed Fir Wreath – \$35
28" Large Mixed Fir Wreath – \$45




28" Premium Pacific Northwest Wreath – \$50
22" Mixed Fir Door Charm – \$30





Top View



Side View

15' Cedar Garland – \$45
Frosty Blue Table Topper – \$45



Thank you for your Support!
<https://www.millvalleytroop1.org/>



2025-2026 TRF HONOR ROLL

◆ Foundation Co-Chairs Greg Dyer and Phil Richardson are pleased to report the following Mill Valley Rotarians have contributed to the 2025-2026 Every Rotarian Every Year (EREY) Rotary Foundation Drive. Won't you join them?

Bob Canepa
John Carmichael
Greg Dyer
Jane Hall
Howard Harker
Don Herzog

Jim Iavarone
Kim Jessup
Robin Keller
Ed Marshall
Tom McKlveen
Steve Miller

Stephanie Ricardo
Phil Richardson
Doug Scherf
Dick Spotswood
Burnett Tregoning



★ WREATHS (Cont'd)

touch to your home. Yi-Shin suggests those not in the market for a wreath for themselves could consider buying one for first responders.

"In previous years, people have decided to buy a wreath to show appreciation for first responders and their hard work," she said. "If you would like to buy one for them, I will personally write a letter of gratitude on your behalf and deliver it to the Mill Valley Fire and Police departments."

Ready to order? Wreaths with costs are shown on the previous page. When ordering, please share your full name, email and or phone number, and address. For payment, you can Venmo to @Hui-Li Lee or send a check payable to BSA Troop 1 to Yi-Shin Chiou, 342 Sycamore Ave., Mill Valley, CA 94941.

Important: *Deadline for receipt of orders is **November 13**. Wreaths are expected to be delivered sometime in the first week of December.*

★ SENIOR PROM

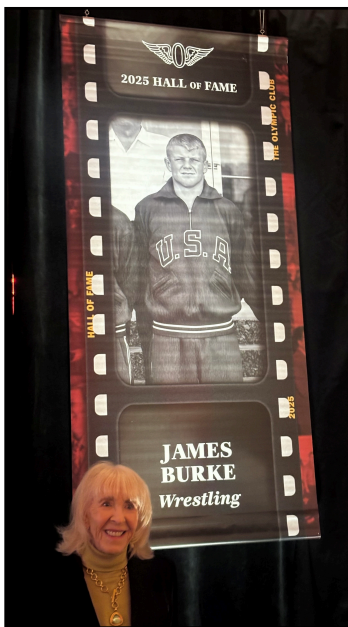
❖ **Denise Acain** invited Rotarians to attend the upcoming Senior Prom scheduled for 7-9 pm on Friday, November 21. Denise noted that it has been a long-time tradition for Mill Valley Rotarians to attend the annual event as dancers and/or "schmoozers."

If you plan to attend, Denise has requested that you RSVP by November 10. You can contact her at 415/419-9947.

This annual event is always a lot of fun for everyone attending.

★ COLLECTING FOR SNAP

❖ Responding to the recent appeal by Youth Service Director



► **Let the Good Times Roll!** Top: Greg Dyer gets his picture taken with the Taj Mahal. Bottom right: Elizabeth and Steve Suzuki pose with friends while touring Spain and Portugal. Bottom left: Stephanie Ricardo poses with the Olympic Club banner honoring her late husband.

Emily Uhlhorn, Rotarians attending today's meeting filled Burnett's hat with \$337 to be directed to assist those missing SNAP support because of the government shutdown. Good show, Mill Valley Rotarians!

★ ANNOUNCEMENTS

❖ Sausalito Rotary invites MV Rotarians to attend *An Evening of Art, Wine & Community* scheduled for this Thursday, Nov. 6, at the Bay Model Visitor

★ ANNOUNCEMENTS

Center. The event will feature acclaimed environmental artist **George Sumner** and his wife **Donnalei** with special poster and art sales benefitting Rotary Senior Housing. Cost is \$35 per person. RSVP 973/567-8569.

❖ Jonathon's Place Dinner at the San Rafael Shelter, Nov. 12, 4-7.

❖ Marin Food Bank, 9-11 Saturday, November 29.

❖ Jonathon's Place Dinner at the San Rafael Shelter, Wednesday, December 10, 4-7. Check with **President Kim** or Community

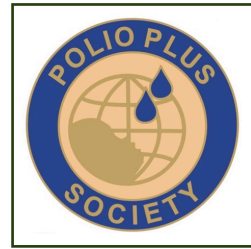
Service Directors **Jane Hall** or **Joan Steidinger** for details.

★ PROGRAM

❖ Our thanks to guest speaker former Navy Seal **John Gulick** who presented *A Navy Seal in Vietnam*. John shared his experience transitioning from an English Literature major at Washington & Lee University to a naval officer, ultimately becoming a SEAL deployed on combat operations deep in the heart of Vietnam's Mekong Delta, during which he was wounded.



► **Speaker John Gulick** is welcomed to today's meeting by **President Kim** and **Greeter Frank Leidman**. (Photo by Tom)



**2025-2026
PolioPlus Society**

**Mill Valley
Membership Roster**
(Join Today—Pledge \$100 per year to Polio Plus)

Lisán Campbell
Greg Dyer
Jim Iavarone
Kim Jessup
Ed Marshall
Stephanie Ricardo
Doug Scherf
Dick Spotswood
Michelle Terrell
Burnett Tregoning

CLUB ANNIVERSARIES

John Poulson 11/4/19

Bob Roberts 11/6/12

Ed Marshall 11/19/85

Joan Steidinger 11/26/24



NOVEMBER BIRTHDAYS

Elizabeth Suzuki 11/3

Phil Richardson 11/3

Robin Keller 11/8

Linda Dold 11/9



Next: Corruption and the American Way of Life

November 18: Security expert **Dr. Paul Clarke** will present *Corruption and the American Way of Life*. The fight against corruption has been an unspoken key theme of the American Experiment. The Thirteen Colonies, the American Revolution, and the U.S. Constitution were all remedies to living under a corrupting monarchy. In the modern era, we think of corruption as national-level practices by authorities that impair the integrity and function of government to the benefit of a person or group. Indeed, the casual observer would say that the world is living through a pandemic of corruption. In this talk, the speaker will define the current state of corruption around the world, and how it is impacting the U.S. Since the U.S. has experienced corrupt periods before (think the Gilded Age), Americans have previously found strategies to overcome corruption and build a better society. Indeed, progressives on the left and right made California a leading actor in defeating the corruption of the Gilded Age. Can California be a catalyst to get past the corruption that engulfs the U.S. now? What will it take to return to good governance?



BRING A FRIEND

POLIO JAR 2025–2026

GOAL:
\$1,000.00

TOTAL
\$ 658.40

SERVICE FUND (GEO. HOYLE) 2025-2026

GOAL:
\$7,750.00

TOTAL
\$200.00

ROTARY FOUNDATION 2025-2026

GOAL:
\$7,750.00

TOTAL
\$3,025.00

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2025-2026

President: Kimberly Jessup
 Past President: Ed Marshall
 Secretary: Lisán Campbell
 Treasurer: John Carmichael
 Service Fund (Ex Officio): Lee Kirkpatrick
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 Community Service: Jane Hall &
 Joan Steidinger
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 Phil Richardson
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 Member at Large: Michelle Terrell

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Today's Photographer: Tom McKlveen,

Reporting Today: Burnett Tregoning

Program Committee: Bob Canepa & Elizabeth Suzuki

