



THE MILL WHEEL



Rotary Club of Mill Valley
Founded June 7, 1926 • "Service Above Self"
October 6, 2020 • Volume 94, Issue #14
<http://millvalleyrotary.org>
District Website: www.rotary5150.org



TIMELY THOUGHT

❖ Today's Greeter, PP Ed Marshall, passed along these wise words: *On particularly rough days when I'm sure I can't possibly endure, I like to remind myself that my track record for getting through bad days so far, is 100% and that's pretty good.*

PRESIDER

❖ Was that a bell we finally heard? **President Carl Lippenberger** assured us that it was, and we think he may have been right! Actually, he had to ring it twice, but give him credit for finally getting it working!



The Four-Way Test of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

JOKES OF THE DAY

❖ PP Kent Campbell at the mike: #1) *What do you get when you cross a cow and an octopus? A call from the ethics committee and immediate revocation of your grant funding.*

#2) *The other day, Lisán asked me to pass her lipstick but I accidentally passed her a glue stick. She still isn't talking to me.*

#3) Mailbox and porch pirates were part of the discussion today, so Kent thought you might enjoy this video about a guy who created a way to get back at the porch pirates: https://www.youtube.com/watch?v=gU5eMjjCv_I

VISITORS

❖ Lots of 'em today: **Jane Hall's** neighbor **Judith Lawrence**, and Jane's daughter **Jennifer**; **Lori Frugoli**, Marin County District Attorney, who participated in the program presentation; **Roberta Robinson**, also a member of speaker **Oak Dowling's** team; and **Helen Castillo**, elder law attorney

MORE COVID-19 INSPIRED HUMOR SUBMITTED BY MEMBERS

If you used one of these:



Stay at home! You are in the high risk group.

As I watch this generation try to rewrite history, one thing I'm sure of.... it will be misspelled and have no punctuation.

The awkward moment when you thought they tested with a nasal swab.



VISITORS (Cont'd)

with the Legal Aid Society of Marin,

CELEBRATIONS

❖ *Birthdays*: PP **Richard Rider** (10/1) celebrated with lunch in Sausalito and a dinner at home later in the evening.

❖ *Club Anniversary*: PP **Kent Campbell** (10/9) is “making big plans” since he’s home alone while **Lisán** spends time in Southern California with a friend. Here’s hoping that Kent survives the event so we can hear all about it at our next meeting.

GOOD TIMES

❖ A socially distanced visit with granddaughters in Oregon and Northern California was a very special Good Time for **Ray Palmarini**. Ray reported that he saw fire close to Ashland where the Shakespeare Festival has been cancelled. Thank goodness restaurants along the way were open.

❖ PP **Greg Dyer** experienced a “Rotary Good Time” recently when he “attended” District 5150’s Polio Summit via Zoom the other day. Greg noted that, thanks in good part to Rotary’s efforts, 3 billion children have



► Details on the District website: www.rotary5150.org.

been inoculated against the dreaded disease since 1988. (See the special report on the recent success in Nigeria, as reported in *TIME* magazine, on page 3).

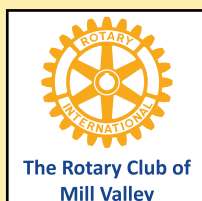
❖ PP **Lee Kirkpatrick** and **Margo** recently spent some time visiting with relatives in the

Monterey-Carmel area. The weather was great and the outdoor dining superb. While Lee was giving us the details, he was visited by Sanka the cat, who was not named after the instant decaf but for “a lead character” in a movie. Anybody see it?

CLUB ANNIVERSARIES

Jane Hall 10/7/08

Kent Campbell 10/9/12



OCTOBER BIRTHDAYS

Richard Rider 10/1

Kimberly Jessup 10/10

Bruce Wrisley 10/12

Daniel L. Hatch 10/15

Lisán Campbell 10/17

Stewart Munson 10/19

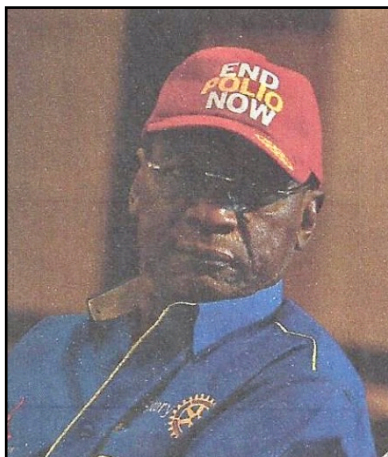
Rita Sedano-Garcia 10/30

GOOD TIMES (Cont'd)

❖ Reporting in from Rancho Palos Verdes in Southern California where she is visiting a friend, we expect PE **Lisán Campbell** to be checking in with Kent immediately following today's meeting to have a "heart to heart" regarding his plans for the "really big" celebration noted on the previous page.

ENDING POLIO

❖ The most recent issue of *TIME* magazine featured its "100 Most Influential People of 2020." With Rotary's World Polio Day (Oct. 24) fast approaching, it was



certainly appropriate that *TIME* featured **Dr. Tunji Funsho**, a former cardiologist and now the chair of Rotary International's polio eradication program in Nigeria. Last August Nigeria was

declared polio-free, "clearing the virus from its last redoubt in all of Africa." The magazine went on to note that Dr. Funsho "did more than any other to drive polio to continent-wide extinction."

Mill Valley Rotarians have two ways they can help in the effort to rid polio from Pakistan and Afghanistan, the only two places in the world in which polio remains endemic:

❖ Join the District 5150 *PolioPlus Society* by committing to a donation of \$100 or more; and/or send a donation to the club's Polio Jar. To do the latter, simply send your check payable to The Rotary Club of Mill Valley, with the notation "Polio Jar" on

Because of you, life doesn't stop

#VitalToLife



ADVANCE APPOINTMENTS

are encouraged to help maintain social distancing.



All donors must bring and wear a **MASK** or **CLOTH-BASED FACE COVERING**.



DONATIONS TESTED FOR COVID ANTIBODIES to help identify potential convalescent plasma donors.



DONATE BLOOD
vitalant.org 877-25-VITAL

Blood Drive

Rotary District 5150

Friday, October 9, 2020
Columbia Brotherhood Lodge
855 Brotherhood Way
San Francisco, Ca 94132
10 AM to 3 PM

To make an appointment, visit bloodheroes.com and click donate. Use your unique sponsor code: **Rotary 5150**

vitalant. 

Formerly Blood Centers of the Pacific

ENDING POLIO (Cont'd)

the memo line, to the club at P. O. Box 506, Mill Valley, CA 94942.

PROGRAM

❖ Guest speaker **Oak Dowling** did not pull punches in a presentation entitled: *Avoiding Scams-Including Covid, Fraud, and Identity Theft.*

Oak, joined by Marin District Attorney **Lori Frugoli**, **Roberta Robinson** and elder law attorney **Helen Castillo**, enlightened and educated us on how to protect ourselves, friends and family from common financial scams.

A 2018 study asserts that financial elder abuse costs \$36.5 billion annually. In Marin County alone, financial abuse cases make up 32% of all referrals to Adult Protective Services.

Oak has shared his PowerPoint with us and we intend to share many of the tips featured in it with you in future issues.

In the meantime, as Oak said: "If it is too good to be true - it is too good to be true."

NEED VOTING INFO?

❖ PP **Bob Canepa** has passed along the link to the League of Women Voters website: <https://www.marinlwv.org/candidate-forums-nov32020>. You will find it handy to determine times of the various Forums presented by the League regarding the upcoming elections.

► Thought we'd share this page from the recently received "Ready Mill Valley" flyer sent by the Southern Marin Fire Protection District. Thanks SMFPD for providing this valuable information, and thanks Rotary Club of Mill Valley for making it possible.

WHEN ORDERED TO EVACUATE

ON YOUR PERSON

- ☐ Dress all family members in long sleeves and long pants - heavy cotton or wool is preferable.
- ☐ Carry a headlamp or flashlight (even during the day), cell phone, and spare batteries.
- ☐ Wear leather gloves, head, and eye protection - full coverage goggles are best.
- ☐ Carry car keys, wallet, and ID.
- ☐ Cover your face with a dry bandana or scarf (cotton or wool) over a N95 mask.
- ☐ Drink lots of water and stay hydrated.
- ☐ Have a "Grab & Go Bag" for each family member.

Evacuations in the time of COVID-19

Even during the pandemic, evacuations may be necessary to keep Marin residents safe from the spread of wildland fire. Marin residents can take comfort knowing that a safe haven for evacuees will be provided if an evacuation is necessary. Bay Area emergency management officials and the American Red Cross are creating new strategies to shelter and feed evacuees, while keeping them safe distances apart. Instead of heading to a community center or school gym lined with cots, new shelter designs may look more like a campground with tents, or could even be hotel rooms. Shelters may be farther away from our communities, and there may be a larger number of them, to allow for increased social distancing.

OUTSIDE & IN YOUR NEIGHBORHOOD (Time Permitting)

- ☐ Gather combustible items outside the house (patio furniture, children's toys, door mats, trash cans, etc.) and place in garage or move them at least 30' from structures (optional: place in your pool).
- ☐ Don't leave sprinklers on or water running - they are ineffective and can reduce critical water pressure for the entire neighborhood.
- ☐ Close propane tank valves. Move small tanks (bbq or grill) away from structures.
- ☐ Back your car into the driveway so it is facing out, with vehicle loaded and all doors and windows closed.
- ☐ Hosing your roof down is dangerous and ineffective. Clean your gutters and blow leaves away from house instead (if time allows).
- ☐ Unlock and prop open fence and side gates. Have a plan for operating your garage door without power.

Rotary 
Club of Mill Valley

This flyer was funded by a generous donation from the Rotary Club of Mill Valley.

NEXT MEETING: "THE MILL VALLEY SONG TURNS 50!"



◆ October 20: Composer, lyricist, writer Rita Abrams will present *The Mill Valley Song Turns 50! Rita Abrams Shares Her Story*. Two-time Emmy Award winner Rita Abrams describes how her smallest musical creation became the biggest legacy of her musical career. Get in the mood:

<https://www.youtube.com/watch?v=w-YaWE0zu-c>

8 My luck is like a bald guy who just won a comb.

PolioPlus Society

2020-2021 GOAL:

??????

TOTAL
AS OF TODAY:

\$200.00

POLIO JAR

2020-2021 GOAL:

\$1,000

TOTAL
AS OF TODAY:

\$125.00

SERVICE FUND (GEORGE HOYLE)

2020-2021 GOAL:

\$10,000

TOTAL
AS OF TODAY:

\$200.00

ROTARY FOUNDATION GIVING

2020-2021 GOAL:

\$7,000

TOTAL
AS OF TODAY:

\$1,000.00

ROTARY CLUB OF MILL VALLEY—OFFICERS & DIRECTORS 2020-2021

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Secretary: John Christman
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Past President: Lee Kirkpatrick
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FireWise: Richard Rider

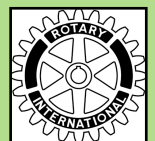
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Kent Campbell, Yana Kunitsky

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Reporters: Margareth Tanner; Burnett Tregoning;
Ed Marshall

Today's Reporter: Burnett Tregoning



Sergeants at Arms: Howard Harker & Peter Mason
Program Committee: Bob Canepa & Elizabeth Suzuki